



Kingsclub

& SPA

INVERNESS



TREATMENT MENU



INTRODUCTION

Welcome to the Kingsclub Spa. Our carefully chosen spa partners [comfort zone] work with us to continually develop amazing and exceptional spa treatments for you to enjoy. Immerse yourself in relaxing packages, therapeutic massages and results-oriented facials and body treatments.

Kingsclub treatments aim to help you de-stress, reconnect, and take care of yourself.
Living a life of balance is a gift.

BOOK ONLINE

To make a reservation, please visit www.kingsmillshotel.com/spa to book online.
Full payment will be taken at time of reservation.

To redeem a gift voucher or to book a spa day, please call 01463 257160 and our team will coordinate your reservation. Spa Days require a 50% deposit to secure booking

OPENING TIMES

Monday - Saturday: 10am - 6pm
Sunday: 10am - 5pm

Appointments out with these times may be possible with prior arrangement.



FACIAL TREATMENTS

Choose a complimentary scalp or hand massage with any facial treatment.

HYDRAMEMORY

60 minutes - £70 | Mini facial 30 minutes - £48

24hr deep hydrating treatment. A deeply hydrating and refreshing treatment to improve moisture levels in the skin. Prickly Pear extract and Hyaluronic acid work to retain moisture, leaving the skin feeling silky smooth.

RECOVER TOUCH

60 minutes - £70 | Mini facial 30 minutes - £48

This powerful antioxidant and vitamin enriched facial treatment that features macadamia oil and the superfood goji berry. Both will smooth and nourish the skin and offer the perfect seasonal repair.

REMEDY - SENSITIVE SKIN

60 minutes - £80

Specifically designed for delicate and hyper-sensitive skin prone to redness. The fragrance-free formulas containing Mexican hyssop and marula oil provide immediate relief and repair to the skin, whilst providing a soothing effect.

ACTIVE PURENESS

60 minutes - £70 | Mini facial 30 minutes - £48

A deep cleansing treatment that helps to purify and mattify the skin. The use of the creamy green and white clay mask works to absorb excess sebum within the skin. Ideal in the presence of enlarged pores.

SKIN SUBLIME TREATMENTS

SKIN SUBLIME - ANTI AGE

60 minutes - £85

This innovative biphasic mask with vitamin PP and acetyl hexapeptide-8 works to provide a visible firming and re-plumping effect. The face contour looks more defined, face traits are smoother. The result beautiful nourished, illuminated and lifted skin.

SKIN SUBLIME - DELUXE PEEL

75 minutes - £95

Ideal for mature skins with visible signs of ageing, this firming facial stimulates cellular regeneration using an exclusive peptide active mask, which mimics the action of Botox, helping to oxygenate skin cells, giving an instant firming effect. The result is beautifully nourished smoother, radiant skin, with more youthful, lifted appearance.

EYE SUBLIME - ADD ON

add on 20 minutes - £40

Hydrogel contour mask enriched with caffeine and a plant extract of Fucus vesiculosus for an immediate cosmetic action on wrinkles, puffiness, and dark circles. Gives the eyes immediate brightness and freshness. This includes a 5-minute scalp massage.



MASSAGE

COMFORT TOUCH MASSAGE

Full Body 60 minutes - £70
Back, Neck and Shoulders 30 minutes - £45
Signature massage using, slow tempo movements designed to relieve muscular tension, relax the body and mind and re-balance energy levels.

AROMATHERAPY MASSAGE

Full Body 60 minutes - £75
Back, Neck and Shoulders 30 minutes - £48
Indulgent massage using essential oils chosen to your needs. The aromas will provide therapeutic effects, benefitting both the mind and body.

HOT STONE MASSAGE

Full Body 60 minutes - £80
Back, Neck and Shoulders 30 minutes - £49
A gentle massage using hot stones that gently ease muscular tension and accumulated stresses from the body whilst soothing the mind.

HOT CANDLE MASSAGE

Full Body 60 minutes - £75
Back, Neck and Shoulders 30 minutes - £49
A relaxing massage using our aroma wax candles, containing essential oils. The oil is soft on the skin, leaving a silky smooth and moisturising effect to the body, mind & skin.

NEW LIFE MASSAGE (PREGNANCY)

60 minutes - £75
30 minutes - £49
This massage offers a safe and relaxing way to relieve some of pregnancy's discomforts. This specialized massage and subtle energy techniques provide a balance of the body, mind and spirit. For clients over 13 weeks pregnant only.

INDIAN HEAD MASSAGE

30 minutes - £50
Indian Head Massage focuses on the head, neck, and shoulders. A variety of eastern massage techniques are used to relieve tension and stimulate circulation. It works to help reduce stress, fatigue, and provide mental clarity.

REFLEXOLOGY

45 minutes - £65

Reflexology is a gentle therapeutic foot treatment involving the practise of massaging and applying pressure to parts of the feet, the goal of encouraging a beneficial effect on other parts of the body and to improve general health & well-being. The relaxing treatment aims to 'kick start' the client's natural healing process.

TRANQUILITY PRO-SLEEP MASSAGE

60 minutes - £80

A complete mind and body wellbeing experience, prefect to induce a deep state of relaxation combining the intense sleep-inducing qualities of aromatherapy, music and unique massage techniques from Kerala Ayurvedic and Indonesian Sea Malay.

MUD WRAP & BODY TREATMENTS

BODY STRATEGIST CELLULITE

60 minutes - £75

This intense treatment helps to reduce the typical signs of cellulite, improves microcirculation, stimulates lipolysis, reduces adiposity and promotes remodelling of the body.

BODY STRATEGIST THERMAL MUD WRAP

60 minutes - £80

A remodelling treatment for the body with thermal water from Bormio Terme Spa, Cinglaccia spring. Enriched with essentials oils orange, mandarin, and peppermint this re-mineralising and purifying body wrap also helps to relieve aches and pains from joint and muscular tension.

SPORTS TONIC

60 minutes - £75

Not every improvement to your game needs to happen on the course. At the Kingsclub, our Sports Tonic brings mind and body together for noticeable results. Enjoy a back and leg massage, warm mud application and finish with a dram of malt whisky. This treatment includes the use of the Kingsmills Leisure Club.

HAND AND FOOT RITUAL

30 minutes feet - £33
30 minutes hands - £27

This exfoliating hydrating and refreshing action restore suppleness and hydration to tired hands and feet, leaving the skin soft and revitalised.



JESSICA NAILS

Jessica is the world's number one natural nail care system. The combination of treatments and colours together with our Jessica products for hand treatment and pedicure provide a complete range of the highest quality, which is renowned worldwide.

Express Manicure / Pedicure	£30
Full Spa manicure	£50
Full Spa pedicure	£55

(Please note that nail polish requires 30 minute salon drying time & pedicures require open toed footwear.)

SHELLAC NAILS

Shellac is a revolutionary product that won't crack, chip or peel and lasts up to two weeks. It works like a gel, giving a smooth finish to ridge nails while acting as a semi permanent nail varnish.

Shellac Manicure	1 hour - £48
Shellac Pedicure	1 hour - £50

Includes cut, file, cuticle tidy and application of shellac only.

....add Scrub & Massage 15 mins	add £15
....add French Manicure	add £10
...add Glitter	add £10
Removal only	£10

LYCON WAX

Lycon is a unique and prestigious product using both Hot and Strip waxes. Lycon wax precision waxing prevents hair breakages, ingrown hairs, redness and the associated painful stinging. Amazingly the wax will remove short stubborn hair as short as 2mm leaving your skin soft and smooth.

Eyebrow £15	Lip £10	Chin £10	
Full Leg £40	Half Leg £30	Underarm £15	Arm £25
Back Wax £30	Bikini £23	Hollywood £45	Brazilian £35

TINTING

Eyebrow	15 min - £15
Eyelashes	20 min - £20

(Patch test required 24hrs prior to treatment.)



SPA PACKAGES

DUO

£320 per couple

A luxury duo treatment including Comfort Zone tranquillity body wrap and hand, and foot massage. To follow, enjoy a facial and full body massage. Enjoy a 3-course champagne lunch and use of the Leisure Club which is in the Kingsmills hotel. Allow 2hrs 30 minutes for treatments.

INDULGE

£200 per person

Make space in your life to indulge. An extra special full spa day with immediate results that lasts for a lot longer. Comfort Zone full body scrub and mud wrap, scalp massage, hot candle massage and facial. Followed by 3 course champagne lunch and use of the Leisure Club which is in the Kingsmills Hotel. Allow 5 hours inclusive of lunch.

EMBRACE

£150 per person

Fully Embrace a new you with a 1/2-day spa experience; the ideal treat. Comfort Zone customised facial with scalp massage, luxury Jessica pedicure, Jessica file and polish manicure. This includes use of the Kingsmills Hotel Leisure Club and a fresh Smoothie. Allow 2hours 45minutes.

SIGNATURE TREATMENTS

SIGNATURE

£105 per person

This is our very own signature treatment that you can only experience at the Kingsclub Spa. You can enjoy a taste of our Spa and a little something special to relive the experience any time you want. Full body hot candle massage with express facial and Calming Herbal Tea. Allow 1hr 45mins for this treatment.

HIMALAYAN SALT TREATMENT

£80 per person

A detoxify treatment for the body using warm Himalayan Salt Stones that help to relieve tension, stress, and anxiety. The stones are followed with an invigorating salt scrub to completely detoxify the body which eases aches and pains, stimulates the metabolism, and restores vitality and balance. Then relax with a calming herbal tea or fresh fruit smoothie. Allow 60mins for this treatment.

SPA DAYS - MINIMUM 6 GUESTS

SOOTHE PACKAGE

minimum 6 guests - £73 per person

- Tea & Coffee available all day in Mezzanine Lounge
- Thirty-minute Spa treatment (Choose from Mini Facial, Back, Neck & Shoulders Massage, Indian Hand Massage, Hand or Foot Ritual)
- Afternoon Tea in the Kingsmills Hotel main lounge - served between 2pm - 5pm. This needs to be considered when booking this package.
- Complimentary use of the Leisure Club in the Kingsmills Hotel.

SERENITY PACKAGE

minimum 6 guests - £110 per person

- Tea & Coffee available all day in Mezzanine Lounge
- Sixty-minute Spa treatment (Choose from Comfort Touch Full Body Massage or Facial Treatment - excluding Skin Sublime or Remedy)
- Spa lunch in the Kingsmills Hotel Conservatory Restaurant
- Glass of sparkling wine with lunch
- Complimentary use of the Leisure Club in the Kingsmills Hotel.

TERMS & CONDITIONS

INDIVIDUAL RESERVATIONS

Treatments can be reserved online at www.kingsmillshotel.com/spa.

To book a spa day or to redeem a gift voucher, please call 01463 257160 and our team will assist you. Full payment will be taken online at the time of reservation. Cancellations can be requested free of charge, up until 24 hours prior to the treatment time. Cancellations received with less than 24 hours notice and failure to show for treatment will result in a full cancellation fee, including bookings made with a voucher

SPA PACKAGES & SPA DAY RESERVATIONS

Multi appointments and party or spa day bookings will require a 50% deposit to secure. Please call our spa reception team on 01463 257160 to make a reservation. The remaining balance will be taken on arrival to the spa. This deposit will be non-refundable if the booking is cancelled within 14 days of the appointment.

Failure to show for an appointment within our cancellation policy will result in full charge

Kingsclub Spa - Kingsmills Hotel - 01463 257160
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