



Royal Ascot Ladies Day

THURSDAY 22ND JUNE 2023



ARRIVAL

Welcome to the return of the Royal Ascot Ladies Day at the Kingsmills Hotel for a day of exquisite dining, fantastic atmosphere and entertainment in aid of Mikeysline. Here is what we have lined up for you today!

TIMELINE

11am -	Pimms Drinks Reception
11.30am -	Welcome from Alex Fleming Silent Auction Opens
11.40am -	Heads & Tails Fundraiser for Mikeysline
12noon -	3 course lunch is served Place your bets for Race 1
1pm -	Introduction to Mikeysline from Donna Smith, Chair
1.10pm -	Bid for your favourite lots in our Grand Auction
1.50pm -	Callum Beattie performs
2.30pm -	Join us by the big screen in the Kingsmills Gardens for an afternoon of races.
2.30pm -	Race 1 - The Norfolk Stakes
3.05pm -	Race 2 - King George IV Stakes
3.40pm -	Race 3 - The Ribbendale Stakes
4pm -	Afternoon Tea is served
4.20pm -	Race 4 - The Gold Cup
5pm -	Race 5 - The Britannia Stakes
5.35pm -	Race 6 - The Hampton Court Stakes Silent Auction Closes
6.10pm -	Race 7 - The Buckingham Palace Stakes
6.30pm -	Complimentary Coach Transfer to an Exclusive After Party at The Den at Johnny Foxes - Private Ladies Day Club from 6-10pm
7pm -	Carriages

WINE & RACE SPONSOR



HOST

Guiding us through the afternoon and guaranteed to set the room alive with laughter, please welcome your host, Alex Fleming!

ENTERTAINMENT

This afternoon, we are thrilled to be joined by the incredibly talented Callum Beattie! Born in Edinburgh, Callum topped the Scottish Albums Chart with his first album 'People Like Us' and has played at multiple festivals across the U.K, including Glastonbury.

Callum will perform in the Kingsmills Suite at 1.50pm.

SPONSORED BY

COMPASS
BUILDING AND CONSTRUCTION SERVICES



HEADS OR TAILS

One lucky individual will have the chance to win a £100 city centre gift voucher, courtesy of Inverness BID. Enjoy an afternoon of shopping or splash out in one of the cities bars & restaurants. Tickets to enter this are only £10 per person.

CHAMPAGNE RAFFLE

At each table, one lucky individual will have the chance to win a bottle of Champagne. Tickets to enter this are only £10 per person.

BEST DRESSED COMPETITION

As well as the opportunity to flaunt your impeccable taste in attire, we have a friendly competition for the best dressed! Our winners will be crowned with prizes from Rouge Boutique and Cafferys Menswear.

LUNCH

TO START

SALMON RILLETTES

Lightly Poached Smoked & Fresh Salmon Pate, Cucumber & Seaweed Relish, Sourdough Croute

MAIN COURSE

ROAST CHICKEN BREAST

*Stuffed With Sundried Tomato And Tarragon, Pea And Asparagus Fricassee,
Sauteed Potatoes, Lemon Confit And Tarragon Jus*

DESSERT

WHITE CHOCOLATE PANNA COTTA

Chocolate & Basil Sorbet

vegetarian/vegan options available
please inform your server of any dietary requirements

LUNCH SPONSOR



AFTERNOON TEA

Served at your lunch tables in the Kingsmills Suite at 4pm, enjoy a selection of savouries, finger sandwiches, delicate sweet treats, and scones along with tea and coffee.

Don't forget to peruse our Silent Auction items ahead of returning to the gardens for the remaining races!

AFTERNOON TEA SPONSOR

NESS CASTLE

Lodges

PLACE YOUR BETS!

We are delighted to offer you to have a little flurry on the horses with a 'racenight' style charity tote! With thanks to Stephen Laurie and Calum Laurie for their support in delivering this element of the day!

Here's what you need to know...

Bets can be placed at our betting tables located in the Kingsmills Gardens and you can only bet for the upcoming race. That is, if you wish to bet on Race 4, you have to hold on to your choice until Race 3 is completed.

Winners will be counted as the first past the post and 50% of all bets goes directly to the charity and 50% is split between all winning tote tickets. So, with every tote bought, you are contributing to our fundraising total! *Note that the winnings will be rounded down to the nearest £.*

Each tote costs £2.50 and we can only take cash.

Once you've picked your horse(s) (bearing in mind you can bet on more than one!), you will make payment at the cashier. This is where you need to return to collect your winnings if your horse wins!

SILENT AUCTION LOTS



Support Mikeysline and make a bid for one of the following fantastic prizes - lots and bidding sheets are on display in the Kingsmills Suite;

Two x Clean Bandit/Ella Henderson tickets @ Northern Meeting Park on Fri, 30 Jun 2023
Donated by LCC Live

Bottle of Inverness Gin and a signed artists print.
Donated by Great Glen Distillery

£50 voucher for Tiger on the Wall restaurant
Donated by Black Sheep Hotels

£150 voucher for Canopy & Stars - unique collection of places to stay in the UK and Europe and Outdoors. www.canopyandstars.co.uk
Donated by Springfield Homes

Unique Carved Owl - one of the best-selling carvings from Chalmers Chainsaw Creations.
Donated by Chalmers Chainsaw Creations

Highland Tide Designs hand-made item
Donated by Michelle Russell, Highland Tide Designs.

SILENT AUCTION LOTS

Luxury hamper containing wine, chocolates and goodies prepared by Amanda MacGillivray on behalf of the team at MacLeod & MacCallum solicitors and estate agents

Donated by MacLeod & MacCallum Solicitors & Estate Agents

£200 voucher for Ceamara Wedding/Professional Photography

Donated by Morag Martin, Ceamara Photography

Gin-lovers Hamper of 3 x 70cl bottles of Scottish Gin - Rock Rose, Glen Wyvis & Thompson Bros

Donated by Dunnet Bay Distillers, Glen Wyvis Distillery & Dornoch Distillery

Judith Glue Hamper; Cath Waters Ceramic mug, coaster, tin of Chrystals Shortbread, coffee & tea

Donated by Judith Glue

Happy Faces £80 voucher for Children's Face Painting Party

Donated by Louise Innes, Happy Faces

Voucher for equipment training at Fiddes Plant Training (excluding crane). Experienced operators can use this towards a test on a piece of equipment

Donated by Fiddes Plant Training

£50 voucher for Bellafemme Beauty Therapists along with a luxury diffuser

Donated by Bellafemme

£100 voucher for a Private Tuk Tuk Bar from Drink Me Events

Donated by Drink Me Events

Magnum of El Coto Crianza 2018 Rioja *Donated by Cafe 1*

222 Lunch at Cafe 1 voucher - 2 Courses for 2 from the Early Bird Menu with 2 glasses of Prosecco on arrival *Donated by Cafe 1*

£50 voucher for La Le Turkish & Mediterranean Restaurant *Donated by La Le*

Case of Six Wines from Marks & Spencer *Donated by M&S*

Family ticket for two hour Contemplation Tour on Loch Ness

Donated by Loch Ness by Jacobite

Eastgate Shopping Hamper full of goodies *Donated by Eastgate Shopping Centre*

Signed Mikeysline Shirt from Ross County 1st team

Donated by RCFC

Voucher from Therapy Suite *Donated by Therapy Suite*

Pair of Earrings *Donated by HERA Jewellery*



GRAND AUCTION

Lot 1 - 1 pair of VIP meet & greet tickets at a Callum Beattie 2023 tour gig of your choice - tour dates available between August and December 2023 at venues across Scotland.

Donated by Callum Beattie Music

**Lot 2 - 'Autumn in Glen Etive' by Gael Hillyard -
Painted on a 40 x 40cm Canvas in a high quality black wooden floating frame**

Donated by Gael Hillyard Artist

Lot 3 - Weekend family pass to Belladrum Tartan Heart Music Festival 2023 for up to 2 Adults and 2 Children.

Donated by Belladrum Music Festival

**Lot 4 - Two night stay for 2 at any of the following Black Sheep Hotels;
Rokeby Manor, The Whispering Pine Lodge or The Cluanie Inn**

Donated by Saket Gupta, Black Sheep Hotels

Lot 5 - Four Night Caley Cruisers Boat Trip on Loch Ness for up to 6 people, valid until the end of October 2023

Donated by Caley Cruisers & Dicksons of Inverness

Lot 6 - VIP Night in the Vault at the Den for a private party of up to 24 people. Priority VIP queue jump, private area with exclusive access to the dance floor, 4 bottles of Prosecco and 2 bottles of spirits with mixers.

Donated by Don Lawson, Johnny Foxes & The Den

Lot 7 - 3 night stay for up to 4 people at The Coach House in Glendaruel in Argyll

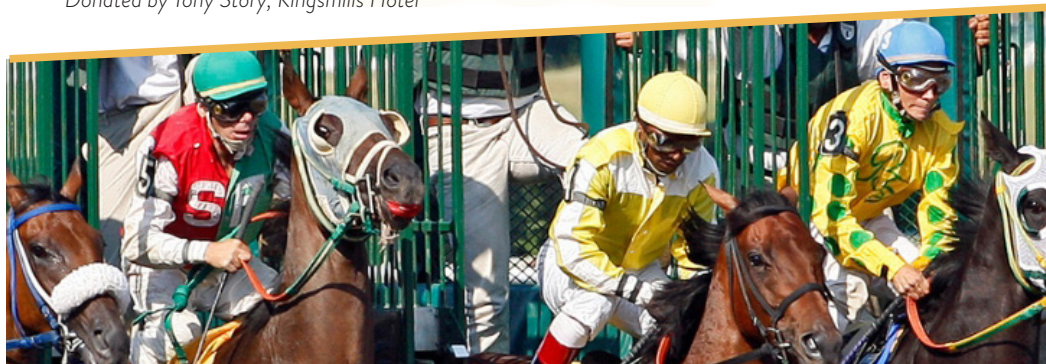
Donated by Ness Lodges

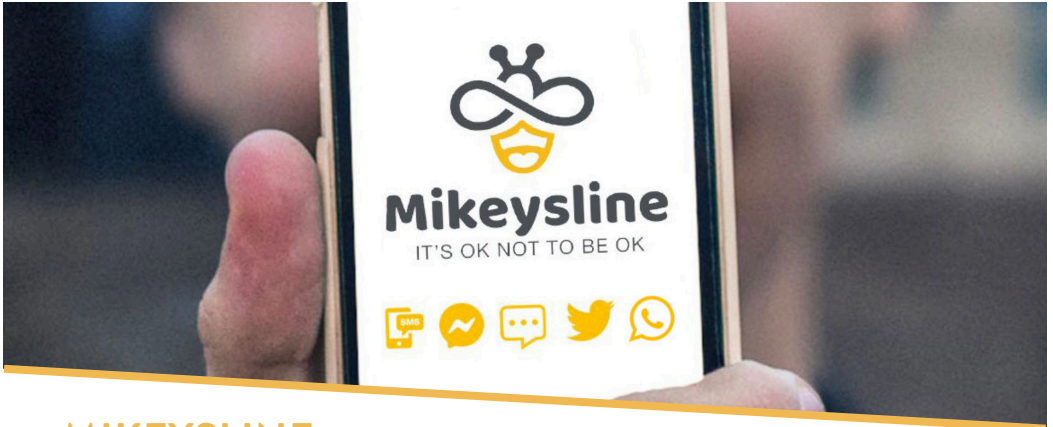
Lot 8 - Two Tickets for Randox Grand National Racing Hospitality Event at the Aintree Racecourse on Thursday 11th April 2024, Enjoy Champagne Reception, 2 Course Lunch, Light Afternoon Tea plus £250 contribution towards travel or accommodation.

Donated by Lynk FM

Lot 9 - Gastronomic Dining Experience for up to 8 guests in the Adams Room at the Kingsmills Hotel; enjoy a 5 course menu with matching wines.

Donated by Tony Story, Kingsmills Hotel





MIKEYSLINE

Mikeysline is a multi-award-winning mental health and suicide prevention charity covering Highland and Moray, formed in 2015 as a result of tragedy to offer hope and accessible support when most needed.

People can struggle daily with a multitude of mental health and emotional issues, which impact their life and health, yet only a fraction of people feel able to talk about it. At Mikeysline, our suicide prevention and mental health awareness work is at the core of what we do to **break down the stigma** associated with seeking support for emotional distress. That it is ok not to be ok and that no one should suffer in silence.

Our focus is on supporting those in emotional distress, experiencing isolation and loneliness, struggling with their mental health, self-harming and/or at risk of suicide. We **actively support people of all ages** who come to us at an early stage with their issues and provide early intervention support, including coping strategies for the future, through to those in crisis with a plan to complete suicide. Individuals self-refer or can be referred by others and can access support for as long as they need to.

We provide support 365 days a year, through text-based options and 1:1 face to face support. We also operate a Young Person's Service, providing **individual support** to pupils in secondary schools, and delivering workshops across all year groups on mental health awareness and suicide prevention. We also work with primary school pupils, and support parents through group workshops to help them understand how best they can communicate with and support their young people who are struggling with their emotions and mental wellbeing.

As well as providing direct support, we place a high emphasis on raising awareness about mental health and **suicide prevention**. We aim to breakdown the barriers that stop people reaching out when they most need support due to fear of being judged and the stigma that can still surround mental health and suicide. We do this through having key ambassadors to help us relay our key messages, through recruiting Mikeysline Youth Champions in schools and in working with many local sports groups, clubs and businesses to keep the conversations and education going.

Fundraising events like the **Royal Ascot Ladies Day** are so important as they ensure that we can continue to offer current levels of support as we receive no statutory funding, whilst also supporting the ongoing development and expansion of our face-to-face services into more areas of the Highlands and Moray.

We at Mikeysline are passionate about **making a difference** to people's lives, about reaching people at an early stage so that they do not go on to develop more significant mental health issues later in life and our ultimate aim is to save lives, tackling head on the issue of suicide in our community.

From all of us at Mikeysline, thank you so much for your support.

